

# YOU HAD MY HEART IN YOUR HAND

**Choreography:** Ines Möricke Black Rebels (Berlin German)

**Music:** Rolling in the Deep – Adele

**Description:** 64 Count 2 wall Intermediate / Advance

**Beginning:** Use Count to 40 with the first beat of percussion (drum beat)

## Cross, Point, Cross, Point, Step, Touch, Shuffle Back ½ Turn L

- 1-2      Cross right over left, touch left to side  
3-4      Cross left over right, touch right to side  
5-6      Step right forward right and touch left behind right  
7&8     Turn ¼ left step left to side, right next to left, turn ¼ left and step left forward

## Point, Hold, Point, Hold, Touch & Touch, Rock Forward

- 1-2      Touch right to side, hold  
&3-4     Step right next to left, touch left to side, hold  
&5&6&6 Left next to right, touch right toe forward, step right together, touch left toe forward, step left next to right  
7-8      Rock right forward, recover to left

## Chasse with ¼ Turn R, Cross Rock, ¼ Turn L, ½ Turn L, ¼ Turn L, Touch

- 1&2     ¼ turn right and step right to side, left next to right, step right to side  
3-4      Cross left over right – recover to right  
5-8      ¼ turn left and step left forward, ½ turn left and step right back, ¼ turn left and step left to side, touch right beside left

## Kick Ball Step, Rock Forward, Chasse with ¼ Turn R, 2 Step Forward L-R

- 1&2     Kick right forward, right ball together, step forward to left  
3-4      Rock right forward – recover to left  
5&6     ¼ turn right and step right to side, left next to right, step right forward  
7-8      2 step forward right, left

**Restart:** in the second Round - 6 Clock -in the sequence 4 -  
Replace Count 8 with a touch and start the dance again

## Mambo Step, Long Step Back, Slide Back, Step, Touch, Kick Ball Cross

- 1&2     Step left forward - recover to right, step left next to right  
3-4      Long step back with right, left next to the right  
5-6      Step left to side, touch right beside left  
7&8     Kick right forward, right ball together, cross left over right

## Step, Touch, Shuffle ¼ Turn L, Step Forward, ½ Turn L, Shuffle Back ½ Turn L

- 1-2      Step right to side, touch left next to right  
3&4     ¼ turn left and step left forward, right next to left, step left forward  
5-6      Step right forward with ½ turn left  
7&8     ¼ turn left and step right to side, left next to right, ¼ turn left and step back to right

**Back Rock, Side Rock, Behind -Side -Cross, Side Rock with ¼ Turn L**

- 1-2      Rock left back – Recover to right
- 3-4      Step left so side – Recover to right
- 5&6      Cross left behind right, step right to side, cross left over right
- 7-8      Step right to side, ¼ turn left, weight left

**Touch, Step Forward, Touch, Step Forward, Kick R, Slide Back Step R, Touch L**

**Kick L, Slide Back Step L, Touch R**

- 1-2      Touch right forward, step right forward
- 3-4      Touch left forward, step left forward
- 5&6      Kick right forward, right ball slide back the floor and right next to left,  
                Touch left beside right
- 7&8      Kick left forward, left ball slide back the floor and left next to right,  
                Touch right beside left

***Ending:***

**Cross, ½ Turn L**

- 1-2      Cross right over left - ½ turn left

**Dance starts again**

*J.M.*